

Dance Xtreme health and safety notice for online classes

- 1. There is a minimum of 2mSq of floor space and a minimum 2 metre clearance from floor to ceiling per participant in the room upon which they are undertaking the dance/exercise class.**
- 2. There is no glass, china or other breakable material that may lead to injury in the room in which they are undertaking the dance/exercise class for the duration of the dance/exercise.**
- 3. For any participants aged under 16, an appropriate adult (parent/carer aged 18+) must be present in the room at the same time.**
- 4. If the participant is unable to follow the instructor's instructions they should cease the class immediately until it is possible to ask the instructor for further guidance.**
- 5. There should be a maximum of two participants undertaking the dance/exercise class in the room at any one time (or two participants plus one supervising adult)**
- 6. Restricted to existing/known members of the Policyholder's dance/exercise class**
- 7. In respect of ballet classes only, the participant may use a balance bar and/or other professional ballet equipment as part of the class**
- 8. In respect of non-ballet classes, no equipment should be used in order to participate in the remote class without first advising Weald insurance of the nature of the equipment being used and getting written permission**